

# Birch Tree Academy

## DENTAL HYGIENE ACTIVITY CONSENT FORM



---

### New Dental Hygiene Activity Requirements

Washington State requires that licensed childcare providers offer tooth-brushing activities to all children each day. Our goal at **Birch Tree Academy (BTA)** is to include developmentally appropriate daily oral health activities in the form of books, brushing model teeth, songs, and discussing healthy eating habits.

Washington State has also asked that childcare centers try to participate in actual tooth brushing. As the parent/guardian, you can **Opt In** or **Opt Out** of tooth brushing.

---

### CONSENT SELECTION

**Child's Name:** \_\_\_\_\_

*Please select **one** of the following options:*

- **OPT IN**

If you would like to opt in, BTA requires the following:

- A **disposable pre-pasted toothbrush** must be brought each day. There will be no storage of toothbrushes on site; all used toothbrushes will be disposed of immediately.
- Fluoride is acceptable for children ages 2+. For children **under 2**, fluoride-free is required without a doctor's note.
- A **Medication Form** must be filled out when toothbrushes are brought in and every time the disposable toothbrush brand changes.
- Toothbrushing will be performed only after lunch is finished at **12:30 PM**, before nap.

- **OPT OUT**

I do not wish for my child to participate in the actual toothbrushing portion of the daily activity.

---

**REQUIRED INFORMATION**

**Child's Name:** \_\_\_\_\_

**Birthdate (mm/dd/yyyy):** \_\_\_\_\_

**Parent/Guardian Name (Printed):** \_\_\_\_\_

**Date (mm/dd/yyyy):** \_\_\_\_\_

**Parent/Guardian Signature:**

X \_\_\_\_\_

---

**Note:** Oral health activities (books, songs, etc.) will be implemented regardless of opting in or out of actual toothbrushing. All children will be assisted during toothbrushing and encouraged to spit the toothpaste out to avoid swallowing.